# **Woodcraft Manningham - Safe Work Procedure 37 USE OF STEP LADDERS**

DO NOT use step ladders unless you have been instructed in its safe use and operation and have been given permission

### PERSONAL PROTECTIVE EQUIPMENT

Safety glasses must be worn.



Sturdy footwear must be worn at all times in work areas.



Close fitting/protective clothing must be worn.

### PRE-OPERATIONAL SAFETY CHECKS



Inspect ladder before use

- a. Joints between step & side rail tight, all fittings secure, moving parts operate freely.
- b. Rungs free of grease and oil.
- c. All ladder components intact including side rails, steps, rungs or cleats.

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## **OPERATIONAL SAFETY CHECKS**

### Setting up ladder

- Carry step ladders in their closed position.
- Mount ladder on firm footing and secure against
- Do not place ladder on any other items to increase height, eg on boxes or a table.
- Climb down and move ladder if needed. Do not attempt to jog or walk the ladder
- Fully open and lock the step ladder locks, braces or spreaders engaged before climbing.

### Using the ladder

- Face ladder when ascending and descending
- Maintain three points of contact when climbing ladder
- Only one person at a time and check weight limit not exceeded.
- Do not over reach. Reposition ladder if needed. Your belt buckle should not be further than the side rail.
- If necessary have a second person hold the ladder.
- Carry tools on belt or tool pouch and hoist up materials.

## **ENDING OPERATIONS AND CLEANING UP**

- Fold up ladder
- Remove it to its storage location.

## POTENTIAL HAZARDS AND INJURIES

- Falling off ladder.
- Burns from operating room gas heater.

#### DON'T

Over reach on ladder.